ClinicSense: Practice Management Software

AMTA proudly introduces leading practice management software, ClinicSense, as an approved product partner.

As the only AMTA-approved practice management software, ClinicSense delivers an all-in-one solution specifically designed for massage therapists. ClinicSense offers everything you need to manage your business, including:

- **SOAP Notes**
  ClinicSense simplifies writing treatment notes and allows you to eliminate the file cabinets that clutter your office.

- **Intake Forms**
  With online intake forms, clients no longer need to show up 10 minutes early, or set your schedule back by 10 minutes.

- **Online Scheduling**
  Allow clients and potential clients the ability to book appointments online so you can get off the phone and get back to massage.

- **Payment Processing**
  ClinicSense’s computerized invoice system cuts down the time of writing out invoices.

- **Gift Certificates**
  The payment processing keeps track of gift card sales for you and you can even add a gift card option to your website to boost online sales.

**Email Marketing**
Keep in contact with your clients through the email marketing feature.

Whether you’re a sole practitioner or a small clinic, paperwork can eat up a lot of your time. ClinicSense automates many of your day-to-day administrative tasks, so that you can spend up to 72% less time managing your paperwork, and have more time to do what you love—massage!

As an AMTA Member, you are eligible to receive 25% off the price of your subscription to ClinicSense. For more information go to ClinicSense.com/AMTA

**Spring 2017 CE Workshops: Save the Dates!!**

- **May 5–7, 2017**
  **Membership Meeting and Continuing Education Workshops:**
  - FREE: Introduction to Asian Abdominal Techniques presented by Sandra K. Anderson
  - Pathology, Pharmacology and Massage: An Introduction to Key Concepts and Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases” by Ruth Werner
  - The Ethics of Client Communication: Talking to Clients about Their Health

See pages 7–13 for more information
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AMTA Arizona In-Touch

The AMTA-AZ Arizona In-Touch is published three times a year by the American Massage Therapy Association, Arizona Chapter, a non-profit professional massage therapy association.

Mission of AMTA Arizona Chapter

The mission of the Arizona Chapter of the American Massage Therapy Association is to develop and advance the art, science and practice of massage therapy in a caring, professional and ethical manner in order to promote the health and welfare of humanity in Arizona.

Goals of AMTA Arizona Chapter

To establish massage therapy as integral to the maintenance of good health
To increase public awareness of massage therapy and the profession
To promote high standards in providing massage therapy to the public
To increase access to quality massage therapy for all persons
To be an influential member of the health care community
To be a leader and a resource for issues in the field of massage therapy including—definitions, practice and education standards, legislation and regulation
To enhance the professional development and personal growth of members
To continue the Arizona AMTA’s growth, development, organizational effectiveness and visibility

In pursuit of the above goals, the Arizona Chapter of the AMTA will be guided by the values of care and competency.

Arizona Chapter website: az.amtamassage.org
Arizona Chapter Facebook: www.facebook/AMTAArizona
AMTA National website: www.amtamassage.org
Happy 2017 to you all!
I hope your year is going well for you so far. Have you planned any goals or resolutions for 2017? Do you just go with the flow? Whenever I see the topic of resolutions come up, I always see a wide range of opinions on them.

“My resolutions are to get healthy and organized!”
“Resolutions just set up people to fail!”
“I don’t make resolutions, I set intentions!”

If you do make resolutions, goals, plans, intentions, etc., how do you keep yourself on track and accountable? I love my Passion Planner. People who know me and my love for technology are often surprised to find out that I am old school when it comes to planning and scheduling. There is nothing like being able to see your week laid out in front of you and being able to make notes and changes with a stroke of a pen. I then update my schedule into my Google Calendar to synch across all my devices, of course, because YAY! Technology!

One lesson I am learning while working on my resolution to be more organized, is that sometimes, even with the best planning, you have to completely change that plan when circumstances change. Be flexible. Go with Plan B. Roll with the punches. It’s almost more important than the initial plan.

We had a chance to do all of the above for our January meeting and workshops. We were thrown some curveballs with planning. We were missing some of our volunteers who are part of that core glue that keeps things together.

But we had others step up and fill in to keep things running smoothly. I know my letters have a reoccurring theme: I am grateful for our volunteers! I will never grow tired of saying it, nor will I stop being appreciative for everyone on this team.

Thank you to everyone who came out to the meeting and workshops. We appreciate all the feedback and suggestions from all who attended. We look forward to seeing you all in May at Arizona School of Integrative Studies (ASIS) in Mesa for another great weekend!

Warmest regards,

Michelle Cordero,
AMTA Arizona Chapter President
Massage Therapy for Pain Management

According to the National Institutes of Health (NIH), pain affects more Americans than diabetes, heart disease and cancer combined. Research continues to support the health benefits of massage therapy for pain management. Find out how massage therapy can help these five painful conditions:

1. Low-back Pain
Back pain is a common neurological ailment in the U.S. Research shows that massage therapy can help decrease pain, reduce disability and lower anxiety/depression in low-back pain sufferers.

2. Fibromyalgia
Studies indicate massage therapy can be a beneficial part of an integrative treatment plan for those with fibromyalgia syndrome by reducing pain, improving quality of life and decreasing anxiety, stiffness, fatigue and more. (https://www.amtamassage.org/approved_position_statements/Massage-Therapy-as-Beneficial-Part-of-Integrative-Treatment-Plan-for-Fibromyalgia.html)

3. Post-operative Pain
Post-operative pain can complicate recovery, lengthen hospital stays and interfere with a patient’s return to activities. Recent research indicates massage therapy can be effective for reducing pain intensity/severity and anxiety in patients undergoing surgical procedures (https://www.amtamassage.org/articles/1/News/detail/3548).

4. Tension Headaches
According to the National Institute of Neurological Disorders and Stroke, tension-type headache is the most common type of headache. Research has shown massage therapy can decrease perceived pain, frequency, duration and intensity for those dealing with tension headaches (https://www.ninds.nih.gov/Disorders/all-disorders).

5. Arthritis
Research indicates (https://www.amtamassage.org/research/Massage-Therapy-Research-Roundup/Massage-Therapy-Research-Roundup—Volume-1.html) that 60 minute sessions of Swedish massage once a week for those with osteoarthritis of the knee significantly reduced their pain. In addition, research shows (https://www.amtamassage.org/articles/1/News/detail/3158) that massage therapy can decrease pain and significantly impact some rheumatoid arthritis patient’s ability to control the mobility of their limbs.

Education Committee members pictured at the January 2017 meeting and workshops. Left to right: Teresa Nystrom, Katelyn Faith (Committee Chairperson), Amy Thrasher, Yovanka Rivera.

The Education Committee takes care of everything needed before, during and after the workshops—checks people in for registration, makes sure the presenters’ needs are taken care of, etc. Katelyn, as the Committee Chairperson, finds the presenters and puts together the presenters’ contract.

Thank you, ladies, for everything you do!
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## New Arizona Members

### Professional

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### Student

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(continued on page 15)
Chapter Membership Meeting and Workshops

FREE: Introduction to Asian Abdominal Techniques*

presented by Sandra K. Anderson

Friday, May 5, 2017
Mesa, Arizona • 2 CE Hours

Sandra K. Anderson is a NCBTMB Approved Provider (450531-07) and an Arizona state licensed massage therapist (MT-00298P). She has a BA and certification in massage therapy, shiatsu, and Thai massage. She creates and conducts continuing education workshops in Western and Asian bodywork techniques.

A massage therapy and bodywork educator since 1993, Sandra is currently instructing at the Costa Rica School of Massage Therapy in Samara, Costa Rica. Previously, she taught at Desert Institute of the Healing Arts, Providence Institute, and Cortiva, all in Tucson, Arizona. She maintains a private practice, and is also a consultant for massage therapy and bodywork education programs, and writes, reviews, and edits educational materials. Sandra is author and coauthor of six bodywork education textbooks.

*Note—Introduction to Asian Abdominal Techniques is a FREE Workshop for AMTA Members and Students. Registration Begins Wednesday, March 29. Class Size is Limited!! All Registration Must be Done Online for the Introduction to Asian Abdominal Techniques Workshop. Go to az.amtamassage.org to Register.
Ruth Werner is an educator, writer, and retired massage therapist with a passionate interest in massage therapy research and the role of bodywork for people who struggle with health. Her groundbreaking textbook, A Massage Therapist’s Guide to Pathology was first published in 1998, and is now in its 6th edition. She also writes a column for Massage and Bodywork magazine, serves on several national and international volunteer committees, and teaches continuing education workshops in research and pathology all over the world.

Ruth was honored with the AMTA Council of Schools Teacher of the Year Award for 2005. She was also proud to serve as President of the Massage Therapy Foundation from 2010-2014, and she retains a seat as an MTF Trustee.
FREE: Introduction to Asian Abdominal Techniques*

Asian abdominal techniques are great for introducing the practitioner’s hands to the client, incorporating into a Western massage session, or for closing the treatment. These techniques are performed over the client’s clothing. Qi connection, assessing areas of the client’s abdomen, and palming, finger, and thumb techniques are used to stimulate the client’s Qi as well as the intestines, and cause overall stress reduction and muscle relaxation. This course introduces knowledge and helpful techniques that practitioners can easily implement into their treatments.

Materials needed for this Friday, May 5, workshop, Introduction to Asian Abdominal Techniques:
Massage table, hand cleaner, hand towel. Lubricants will not be needed.

*Note—Introduction to Asian Abdominal Techniques is a FREE Workshop for AMTA Members and Students!! Class size is limited. All registration must be done online for this workshop: az.amtamassage.org

Pathology, Pharmacology and Massage: An Introduction to Key Concepts

It is safe to suggest that all massage therapists have clients who use medication on a regular basis. It is also safe to say that many massage therapists have little information on how those medications work, and how massage might affect their function. This introductory pharmacology class addresses basic principles of drug mechanisms, possible side effects and adverse reactions, and how massage can be adjusted to meet those concerns. Special focus is given to analgesics, anti-inflammatories, cardiovascular disease medication, and diabetes management drugs.

Participants in Pathology, Pharmacology, and Massage: an Introduction to Key Concepts will be able to…

- Identify the components of pharmacologic nomenclature
- Explain the delivery methods of pharmacologic agents
- Recognize descriptions of pharmacologic mechanisms
- Predict general cautions and side effects for specific classes of medications in the context of massage, and describe strategized to mitigate them
- Use this information to describe major medications used to treat...
  - Inflammation and pain
  - Manage cardiovascular disease
  - Manage diabetes and hypothyroidism

Materials needed for this Saturday, May 6, workshop, Pathology, Pharmacology, and Massage: an Introduction to Key Concepts: Note taking materials.
Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases”

Fibromyalgia is the second most common diagnosis of musculoskeletal pain, but its etiology remains elusive. Further, it overlaps several other conditions, leading to confusing signs and contradictory treatment options. This class covers the definition, demographics, etiology, signs and symptoms, treatment options, and role of massage for the following: fibromyalgia, myofascial pain syndrome, chronic fatigue syndrome, irritable bowel syndrome, hypothyroidism, and others as time permits.

Participants in Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases” will be able to…

- Identify and describe the definition, demographics, etiology, signs and symptoms and common treatment options for each of the conditions under discussion
- Discern the variables that inform clinical decision-making for massage therapy for each of the conditions under discussion
- Describe special communication skills that are especially important for clients who live with chronic pain disorders
- Describe risks and benefits of massage therapy for each of the conditions under description

Materials needed for this Sunday, May 7, workshop, Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases”: Note taking materials.

The Ethics of Client Communication: Talking to Clients About Their Health

This class addresses the delicate art of communicating professionally and with open hearts when we have concerns about our clients’ well being. Key topics include medications that may influence bodywork choices; visual or palpatory signs that are red flags; and maintaining boundaries for client safety (how to say “no” when your client says “yes”).

Basic principles of active listening are reviewed and employed as students break into small groups to role-play a variety of difficult client-therapist conversations, all based on real-life situations provided by past participants.

Participants in The Ethics of Client Communication: Talking to Clients About Their Health will be able to…

- Identify red flags for circulatory types of massage therapy
- Explain pharmacologic red flags for massage therapy
- Define ethics and morality in the context of clinical decision-making
  - Practice appropriate and professional communication skills with clients who have health issues that become known during massage therapy sessions

Materials needed for this Sunday, May 7, workshop, The Ethics of Client Communication: Talking to Clients About Their Health: Note taking materials.
FREE: Introduction to Asian Abdominal Techniques *
Friday, May 5, 2017 • Mesa, Arizona • 2 CE Hours

Pathology, Pharmacology and Massage: An Introduction to Key Concepts
Saturday, May 6, 2017 • Mesa, Arizona • 4 CE Hours

Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases”
Sunday, May 7, 2017 • Mesa, Arizona • 4 CE Hours

The Ethics of Client Communication: Talking to Clients About Their Health
Sunday, May 7, 2017 • Mesa, Arizona • 4 CE Hours

Friday, May 5, 2017
7:00 pm – 9:00 pm Workshop—*FREE Workshop: Introduction to Asian Abdominal Techniques

Saturday, May 6, 2017
10:00 am – 12:00 pm AMTA Arizona Chapter Membership Meeting
12:00 pm – 1:00 pm Lunch (not included—on your own)
1:00 pm – 5:00 pm Workshop—Pathology, Pharmacology, and Massage: Introduction to Key Concepts

Sunday, May 7, 2017
8:30 am – 12:30 pm Workshop—Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases”
12:30 pm – 2:00 pm Lunch (not included—on your own)
2:00 pm – 6:00 pm Workshop—The Ethics of Client Communication: Talking to Clients About Their Health
Pathology, Pharmacology and Massage: An Introduction to Key Concepts

Full Name ______________________________________________________ AMTA #___________________

Address __________________________________________ City ______________ State ________
Zip ______________ Phone _____________________________ Email _____________________________

Workshop Fee — Members □ $60 Any Massage Student □ $60 Non-Members □ $80

★★★NOTE—$35 LATE FEE WILL BE CHARGED AFTER THE
REGISTRATION CUT-OFF DATE, APRIL 29, 2017!!!★★★
Fees listed below apply to all registrations made after April 29, 2017.

Workshop Fee (After cut-off date, April 29, 2017)—
Members □ $95 Any Massage Student □ $95 Non-Members □ $115

Total enclosed $ _________ Make checks payable to AMTA-Arizona Chapter

Do you desire registration confirmation?— Yes □ No □ If yes— By phone □ By email □

If you would prefer to register online, go to az.amtamassage.org

Please note the fee is for the workshop. A 25% non-refundable deposit is included in the workshop fee. There is no charge for the AMTA-AZ meeting.

Mail registration form and payment to—Tee Wills, AMTA-AZ Treasurer
3020 N. Country Club • Tucson, AZ 85716 • 520-682-0411 • lmtwills@comcast.net

Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases”

Full Name ______________________________________________________ AMTA #___________________

Address __________________________________________ City ______________ State ________
Zip ______________ Phone _____________________________ Email _____________________________

Workshop Fee — Members □ $60 Any Massage Student □ $60 Non-Members □ $80

★★★NOTE—$35 LATE FEE WILL BE CHARGED AFTER THE
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Fees listed below apply to all registrations made after April 29, 2017.

Workshop Fee (After cut-off date, April 29, 2017)—
Members □ $95 Any Massage Student □ $95 Non-Members □ $115

Total enclosed $ _________ Make checks payable to AMTA-Arizona Chapter

Do you desire registration confirmation?— Yes □ No □ If yes— By phone □ By email □

If you would prefer to register online, go to az.amtamassage.org

Please note the fee is for the workshop. A 25% non-refundable deposit is included in the workshop fee. There is no charge for the AMTA-AZ meeting.

Mail registration form and payment to—Tee Wills, AMTA-AZ Treasurer
3020 N. Country Club • Tucson, AZ 85716 • 520-682-0411 • lmtwills@comcast.net
**The Ethics of Client Communication: Talking to Clients About Their Health**

[Form to fill out with personal details and workshop fee information]

- Full Name ________________________________ AMTA #___________________
- Address __________________________ City __________________ State ____________
- Zip ______________ Phone _____________________________ Email _______________________________

**Workshop Fee —**
- Members ☐ $60 Any Massage Student ☐ $60 Non-Members ☐ $80

★★★NOTE—$35 LATE FEE WILL BE CHARGED AFTER THE REGISTRATION CUT-OFF DATE, APRIL 29, 2017★★★

Fees listed below apply to all registrations made after April 29, 2017

**Workshop Fee (After cut-off date, April 29, 2017)—**
- Members ☐ $95 Any Massage Student ☐ $95 Non-Members ☐ $115

Total enclosed $ __________ Make checks payable to AMTA-Arizona Chapter

Do you desire registration confirmation?— Yes ☐ No ☐ If yes— By phone ☐ By email ☐

If you would prefer to register online, go to az.amtamassage.org

Please note the fee is for the workshop. A 25% non-refundable deposit is included in the workshop fee. There is no charge for the AMTA-AZ meeting.

Mail registration form and payment to— Tee Wills, AMTA-AZ Treasurer
3020 N. Country Club • Tucson, AZ 85716 • 520-682-0411 • lmtwills@comcast.net

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**Note**—Introduction to Asian Abdominal Techniques is a FREE Workshop for AMTA Members and Students. Registration begins Wednesday, March 29. Class size is limited!!

All registration must be done online for the Introduction to Asian Abdominal Techniques workshop. Go to az.amtamassage.org to register.

**Location For All 4 Workshops**
ASIS Massage School
209 West Main Street • Mesa, AZ 85201

**Directions to ASIS**
From the US-60, exit Country Club
North to Main Street
East on Main to ASIS (on the south side of the street)
The Country Club Drive/Main Street Light Rail Station is a two-minute walk from ASIS.
Some on-street parking in front of the building.
Very small lot in the back. See parking map at http://www.downtownmesa.com/parking/ The closest lot is the Orange Parking lot

**Room Reservations**
Closest hotel is Mesa Mezona Hotel (250 West Main Street, Mesa, AZ 85201) www.mesamezonahotel.com

**Registration Contact**
Katelyn Faith, Education Committee Chair
520-245-3831, katelyn.amtaaz@gmail.com

**Materials Needed For Workshops**

- **Introduction to Asian Abdominal Techniques**
  Massage table, hand cleaner, hand towel. Lubricants will not be needed. (2 CE Hours)

- **Pathology, Pharmacology, and Massage: an Introduction to Key Concepts**
  Note taking supplies (4 CE Hours)

- **Massage Therapy and Pathology: Fibromyalgia and the “Invisible Diseases”**
  Note taking supplies (4 CE Hours)

- **The Ethics of Client Communication: Talking to Clients about Their Health**
  Note taking supplies (4 CE Hours)
State of Arizona: “Regulation Rollback”

From: Kathleen Phillips, Executive Director, Arizona State Board of Massage Therapy
To: Licensed Massage Therapist

Dear Therapist,

“Regulation Rollback” is a strategic step in our state’s ongoing work to make Arizona the best state in the nation for businesses and consumers alike. We’ve made great progress in growing our economy and streamlining state government over the past two years. We still have a lot of work to do to make sure outdated regulations aren’t slowing us down.

No longer will regulations remain in place “just because they’re on the books and nobody’s bothered to change them.” “Regulation Rollback” is offering a new online service to crowd source recommendations on how to update Arizona’s regulatory system.

At Redtape.AZ.gov, associations, organizations, and individuals across the state can recommend ways to improve or eliminate outdated regulations. We need your help. You are the experts. Visit this portal for your opportunity to provide specific input to the Governor’s office on an outdated rule or regulation that stifles Arizona’s consumers and job creators.

Submit your suggestions to: www.Redtape.AZ.gov and info@massageboard.az.gov

To find the current rules, scroll to the top right-hand corner of Redtape.AZ.gov and click on STATUTES AND RULES.

We thank you for your help in highlighting ways to improve state government and to better serve Arizonans.

Please note: Since this letter was written, the website address, www.Redtape.AZ.gov, has been changed to http://azgovernor.gov/redtape/ Once you’re on that page, scroll to the bottom and fill in the forms to submit your ideas for “Regulation Rollback.”

## Graduates

<table>
<thead>
<tr>
<th>Name</th>
<th>City/State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pablo Alcala</td>
<td>Buckeye</td>
</tr>
<tr>
<td>Rachel Barker</td>
<td>Phoenix</td>
</tr>
<tr>
<td>Donna Bellew</td>
<td>Glendale</td>
</tr>
<tr>
<td>Lauren Chartier</td>
<td>Phoenix</td>
</tr>
<tr>
<td>Sierra Cross</td>
<td>Phoenix</td>
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<tr>
<td>Heather Delapena</td>
<td>Buckeye</td>
</tr>
<tr>
<td>Marc Giuffre</td>
<td>Scottsdale</td>
</tr>
<tr>
<td>Cassidy Hough</td>
<td>Phoenix</td>
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<tr>
<td>Jordyn Korn</td>
<td>Tucson</td>
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<tr>
<td>John Munoz</td>
<td>Chandler</td>
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<tr>
<td>Ramona Norton</td>
<td>Cottonwood</td>
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<td>Ryan Quesenberry</td>
<td>Yuma</td>
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<td>Lindsay Schuelke</td>
<td>Mesa</td>
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<td>Samantha Scott</td>
<td>Glendale</td>
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<td>James Shields</td>
<td>Chandler</td>
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<td>Allison Sosa</td>
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<td>Heidi Talarico</td>
<td>Phoenix</td>
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<tr>
<td>Jeff Troiani</td>
<td>Surprise</td>
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<td>Jeremiah Tsosie</td>
<td>Mesa</td>
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<td>Samantha Wininger</td>
<td>El Mirage</td>
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## Professional Transfers

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<tbody>
<tr>
<td>Tenetta Brown</td>
<td>Phoenix</td>
</tr>
<tr>
<td>Amy Denzer</td>
<td>Fort Mohave-WY</td>
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<tr>
<td>Linda W. Goodbrake</td>
<td>Peoria-VA</td>
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<tr>
<td>Jennifer Kerlin</td>
<td>Dewey-CO</td>
</tr>
<tr>
<td>Kindra Keys</td>
<td>Green Valley-WA</td>
</tr>
<tr>
<td>Jill Lamphere</td>
<td>Gold Canyon-WI</td>
</tr>
<tr>
<td>Cozy Meyer</td>
<td>Phoenix-NV</td>
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<tr>
<td>Denise Morgan</td>
<td>Tucson-UT</td>
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<tr>
<td>Michelle Porter</td>
<td>Mesa-WA</td>
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<tr>
<td>Hanmi Pounds</td>
<td>Avondale-AK</td>
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<tr>
<td>Dianne Ardell</td>
<td>Queen Creek-CAP</td>
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<tr>
<td>Carrie Straw</td>
<td>Goodyear-VT</td>
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<tr>
<td>Kyle Thompson</td>
<td>Chandler-NV</td>
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<td>Sharon Viernes</td>
<td>Chandler-IL</td>
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## Student Transfers

<table>
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<tr>
<td>Robert McFarlane</td>
<td>Phoenix-MT</td>
</tr>
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</table>

## Graduate Transfers

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Carl Alexander Bryson</td>
<td>Tempe-(Not Provided)</td>
</tr>
<tr>
<td>Haley E. Sumner</td>
<td>Chandler-CA</td>
</tr>
</tbody>
</table>
Chapter Positions Open for Election:

Two Year Terms—
Board Member
Financial Administrator
HOD Delegates (2)

One of the agenda items for the May 6, 2017 AMTA-AZ Annual Membership Meeting will be to elect the Board of Directors (BOD) positions of Board Member and Financial Administrator. In addition, Delegates (2) and Alternate Delegates to the National House of Delegates (HOD) for the 2017 and 2018 National Conventions will be elected.

Those interested in serving the Arizona Chapter need to submit a resume to AMTA-AZ, c/o Yovonka Rivera, Nominating Committee Chair, Hcr 65 Box 373, Tumacacori, AZ 85640. Resumes must be received by April 10, 2017.

Candidate Application and Resume

I’m interested in applying for the following positions:

☐ Board Member    ☐ Financial Administrator    ☐ Delegate    ☐ Alternate Delegate

Full Name ___________________________________________ AMTA Membership # __________________

Address ___________________________________________________________________________________

City _____________________________ County ______________ State ____________ Zip ______________

Phone (h) __________________  Email (h) _____________________________  Fax (h) ___________________

Number of years practicing massage ________________  Number of years with AMTA ________________

Massage school attended (name) ______________________________________________________________

Massage school attended (address) ______________________________________________________________

Hours to complete certification ___________________ Date of graduation ___________________________

Other related education ______________________________________________________________________

__________________________________________________________________________________________

Current massage license? ______ Location ______________ NCTMB? _____________________________

Place of employment _______________________________________________________________________

Address of employment _____________________________________________________________________

Phone (w) _________________ Email (w) _____________________________ Fax (w) ___________________

List AMTA chapter and/or national offices held and/or committee work (include dates)—

List any relevant community or professional experience—
What do you perceive as your relevant strengths and qualifications for the position you seek?

What do you hope to gain and to contribute by being in this position?

What is your understanding about the AMTA-AZ’s Strategic Plan and your role as an officer to implement this plan?

Are you aware of and informed about the job description and the number of hours required to perform the duties of the position you seek?

Are you able to commit the appropriate time for the entire term of the office you seek?

Your signature below indicates that, if you are elected to office, you will carry out your duties with integrity and that you are committed to serve for the entire term of the position held.

Signature________________________________________  Date ___________________

Chapter Officers and Delegates serve a term of 2 years and are elected by the general membership.

Questions? Contact Yovonka Rivera at yovankalmt@gmail.com

Mail completed Candidate Application and Resume to—
AMTA-AZ
C/o Yovonka Rivera  •  Hcr 65 Box 373  •  Tumacacori, AZ 85640

Resumes must be received by April 10, 2017

Thank you for your interest and for your willingness to serve your chapter!
AMTA New Chapter Board Structure and Elections

New Chapter Board Structure
In June 2016 AMTA's national board approved a new chapter board structure to provide consistency among all chapters. The new structure is part of a multi-year culture initiative focusing on the value of the volunteer experience.

Some positions and titles have changed and the new structure will be complete in 2018. At that time, all chapters will have 5 elected board members: President, (2) Board Members, Secretary and Financial Administrator.

The positions up for election in 2017 and subsequently in 2018 are listed to the right.

If you have questions about our elections or are interested in becoming a candidate for our AMTA-AZ chapter board, please contact Michelle Cordero at (480) 220-5629 or michellecorderolmt@gmail.com. Our chapter requires candidates to have served as a committee chairperson before becoming eligible to run for a position on the chapter board.

Chapter Board Elections
2017 Chapter Board Elections
Both positions are for a two-year term (2017-2019)
• Board Member (new title – replaces 1st Vice President)
• Financial Administrator (new title – replaces Treasurer)

After 2017 elections, the 2017-2018 Chapter Board will consist of:
• President
• Board Member
• Board Member
• Secretary
• Financial Administrator

2018 Chapter Board Elections
All positions are for a two-year term (2018-2020)
• President
• Board Member
• Secretary